



COMMUNITY SERVICE DEPARTMENT JULY 2025



Medical Camp



On July 6, 2025, Sundaram Medical Foundation demonstrated its commitment to community healthcare by organizing a free medical camp in Ambattur. This initiative provided essential medical services to those in need, benefiting a total of **75 individuals**. The medical team, comprising experienced professionals, ensured comprehensive care to the attendees.

The team comprised Dr. Arjun (General Medicine) and Dr. Meenakshi (Dental), along with two nurses and social workers, who collectively provided medical care and support to the patients.

The camp offered free health checks, including BP, blood sugar, and hemoglobin tests, along with general health screening.

Medical Camp @His/Her Place, T Nagar

The Rotary Club of Madras and Sundaram Medical Foundation collaborated to organize a free medical camp on July 31, 2025, at His/Her Place, T.Nagar, Chennai. This joint initiative aimed to provide essential healthcare services to the local community. A total of **120 beneficiaries** attended the camp, receiving comprehensive medical care and attention.

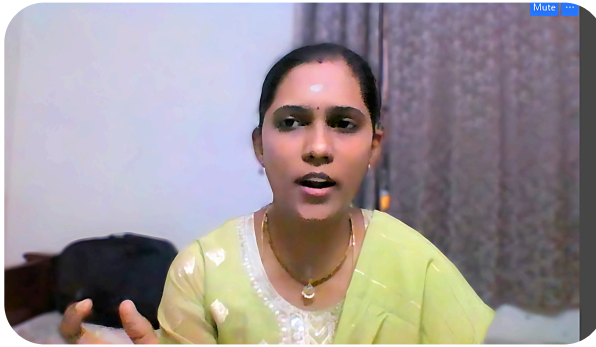


The medical team was led by Dr. Nivetha from General Medicine and Dr. Farzana from Family Medicine, who were supported by a team of dedicated nurses and social workers. Together, they delivered thorough care to the patients, addressing their health concerns and providing necessary guidance.

The camp offered a range of free health services, including blood pressure checks, blood sugar tests, hemoglobin tests, and general health screening. These services enabled the beneficiaries to assess their health status and receive timely interventions.



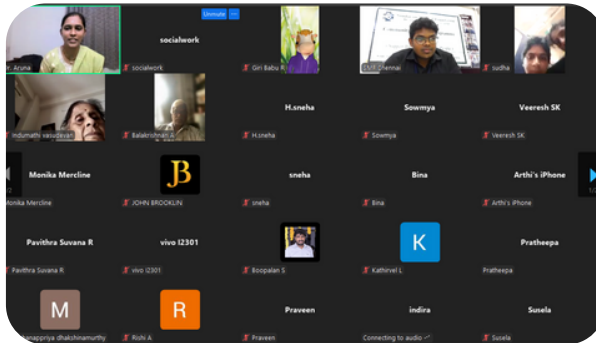
STEP PROGRAM



Dr. Aruna P

OGO, DNB, Junior Consultant,
Sundaram Medical Foundation (SMF)

The Community Service Department of Sundaram Medical Foundation organized a STEP Program on 26th July 2025, Saturday. The program focused on a comprehensive awareness session on HPV (Human Papillomavirus) Vaccination, conducted by Dr. Aruna P. The primary objective of the session was to raise awareness about HPV as a significant public health issue and to emphasize the importance of early vaccination in preventing cervical cancer and other HPV-related diseases.



A total of 35 participants attended the session, which saw active engagement and interaction. Several attendees came forward to ask questions and clarify doubts, particularly regarding the timing of vaccination, eligibility for adults, and vaccine safety in special groups. The session provided a valuable platform for discussion and education, highlighting the importance of HPV vaccination in public health.

PLASTIC WASTE MANAGEMENT



The Tamil Nadu Pollution Control Board (TNPCB) launched an awareness program to educate students about plastic's environmental impact, and Sundaram Medical Foundation's Community Service Department partnered with Bisleri CSR to implement the Plastic Zero Waste Management initiative. Through this joint effort, 120 kg of plastic waste was collected in July 2025, promoting environmental responsibility and reducing plastic waste in the community.

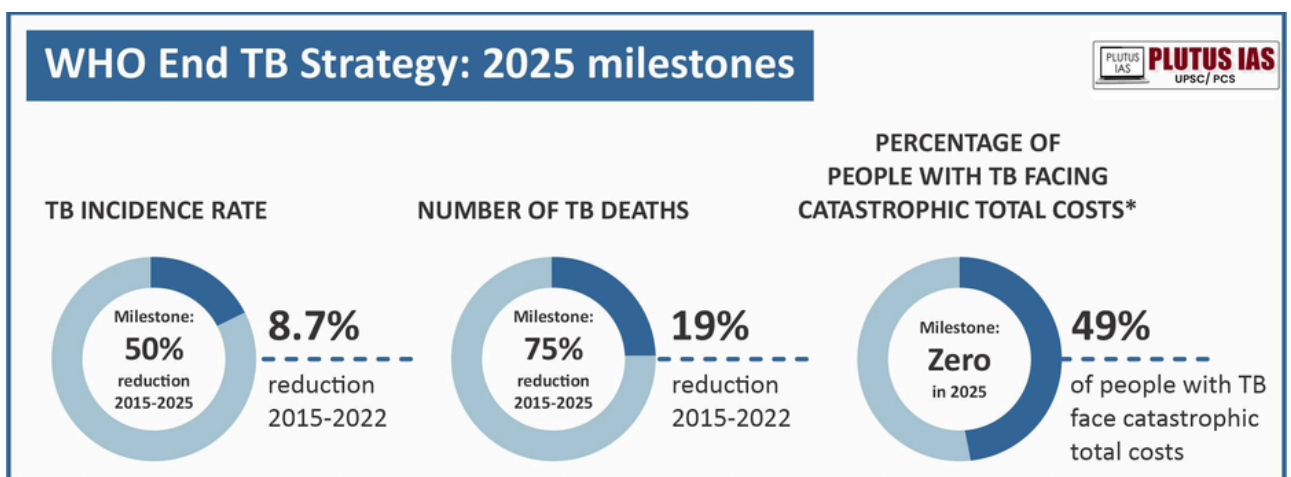


YOGA SESSION

The Community Service Department of Sundaram Medical Foundation organized yoga sessions at the Adi Dravida Tribal Welfare School (SAP School) for students from 6th to 9th standard. Led by Mrs. Selvam, a volunteer from CANSTOP, the sessions were conducted every Tuesday and Thursday. The initiative aimed to promote physical and mental well-being among the students. It fostered a healthy and balanced lifestyle, benefiting the young participants. The sessions were designed to support the holistic development of the students. Regular yoga practice helped students develop discipline and focus.



REACH FOUNDATION



In the month of July 2025, 25 Beneficiaries availed tuberculosis intervention services.





PROJECTS



NUTRITION PROJECT



CANSTOP conducts regular visits to the Institute of Obstetrics and Gynaecology (IOG) and the Institute of Child Health and Hospital (ICH) three times a week - Tuesdays, Thursdays, and Saturdays. During these visits, CANSTOP provides crucial support to patients, focusing on nutrition counseling and ongoing guidance.

ART & PLAY THERAPY

CANSTOP's Play Art and Play Therapy sessions at ICH bring joy to children undergoing treatment. Through creative craft work and playful activities, these sessions provide a therapeutic outlet, promoting emotional well-being and a sense of normalcy amidst treatment challenges.



CANNEST HOME

CANNEST Home successfully accommodated 350 families, offering a nurturing environment and engaging activities for children. This achievement was made possible through the tireless efforts of dedicated social workers and volunteers, who worked together to provide support and care.



HOPE CHEST



Sarees,	Toys,
Bedsheets,	Books,
Nighties,	Pillows,
Petticoats,	Tiffen Boxes,
Sandals,	Kettles,
Slippers,	Flasks,
Towels,	Water bottles,
Toiletries,	Kitchen utensils & appliances

Note: Make sure the items are in good condition

Join us and make your contributions to the cancer patients at Govt.Hospitals.

CANSTOP's Hope Chest initiative provides vital support to cancer patients and their families at IOG & ICH, enabling them to navigate challenging times with greater ease and happiness. In the month of July 2025, the Hope Chest extended assistance to 4 families, making a tangible difference in their lives.



SPONSOR DETAILS

S.No	Sponsors	Project	Amount
1	Mr. Anantharaman	Cannest	1339
2	Rotary club of Nanganallur Elite	Cannest	5000
3	Mrs. Vijaya Mahendran	Cannest	1000
4	Dayachadh Malhotra	Cannest	20000
5	Mrs. Indhumathi Vasudhevan	Cannest	1000
	Total		28,339

INKIND SPONSORS

IN-KIND SPONSORS			
S NO	SPONSORS	PARTICULARS	WORTH IN RUPEES
1	Century Flour mill	soji - 25 packs, wheat flour - 25 packs	6925
2	Mrs. Selvam	Rice - 4 kg, Garlic - 1kg, Black Channa - 1kg	
3	T K Srinivasan	Vegetables	4000
4	Mrs. Darshana	Oil - 20 liters, Moongdhal - 10kg, Sambardhal - 10kg, Raw Rice - 25kg, White urad dhal - 10kg, Idly Rice - 25kg	9000
5	Dr. Senthil	Oil - 10 liters	1850
6	Chennai food bank	Boiled Rice 75kg, Ragi 5kg	3500
Total			



VOLUNTEER CONTRIBUTION

The CANSTOP Team expresses sincere appreciation to our devoted volunteers, whose relentless dedication, unshakeable passion, and inspiring energy have fueled the success of our initiatives.

**Volunteers - Mrs.Origanti, Mrs.Selvam,
Mrs.Indhumathi, Mrs.Vijaya Mahendran**

HELPLINE SERVICE

Totally 318 calls were received in the CAN-STOP Help line number

150 Calls for STEP Program

08 Calls for Counseling

160 calls for ABC interschool Exhibition



**For more information
contact us through:
044-26284256 /9941007688**



**For your kind contribution:
CAN-STOP is eligible for 50%
Tax Exemptions under Section 80G
of Income Tax Act. Cheques can be
drawn in favour of
CAN-STOP**

